

# 2019 OCC Cross Country Championships

# Saturday, October 12<sup>th</sup> @ Lexington High School



## **Race Schedule**

9:30 am	High School Girls Varsity
10:15 am	High School Boys Varsity
11:00 am	High School Combined Open
11:45 pm	Middle School Girls
12:15 pm	Middle School Boys

1:00 pm Awards Ceremony in Soccer Stadium

Ashland	Lexington	Madison	Mansfield	Mt. Vernon	West Holmes	Wooster
Box # 4	Box # 6	Box # 5	Box # 3	Box # 7	Box # 1	Box # 2

### PACKET CONTAINS:

- Race Bibs with Magnetic Strips (DO NOT BEND OR BREAK STRIPS)
- Pins for the number of entries your team submitted
- Team Roster
- Course map
- Coaches Instructions
- Varsity Declaration form
- Trash bag

#### **GENERAL INFORMATION:**

- HIGH SCHOOL RACES...YOU NEED TO DECLARE YOUR 7 VARSITY RUNNERS. Please use the form provided and turn it into the finish line area before the start of the meet. All other runners will run in the combined open race.
- Runners must wear the bib on the FRONT of their singlet so that it is visible. Four (4) pins have been provided for each bib. Bibs may not be altered, such as cutting, folding or wrinkling.
- Rest rooms are located on the side of the building adjacent to the starting area
- Team Tents will be set up inside softball field area next to the starting line
- T-shirts are being sold by the concession stand for \$15 & \$20
- Please use the trash bag provided to clean up your team's tent area
- Athletes should not be on the course when races are in progress. Please be <u>cautious</u> of crossing the marked parts of the course, especially in the finish line area!

LIVE RESULTS link is on Baumspage or <a href="https://my.raceresult.com/136538/">https://my.raceresult.com/136538/</a>